The use of Thermal Imaging in Physiotherapy

Work has begun in Europe to determine the usefulness of thermal imaging in medical applications. Below is information from a Belgian physiotherapist named Peter Boonen and results and uses he has discovered from thermal imaging. A Belgian physiotherapist is using infrared technology, once only used by the military and police because of its prohibitive cost, to assist in diagnosis and treatment of patients.

Peter Boonen, who operates from a business in eastern Belgium, is using a Wahl HS13000 thermal imaging camera as part of his treatment of patients suffering from a wide variety of musculoskeletal problems.

Wahl’s innovative sensing technology is making high quality infrared intelligence viable for many market sectors, mostly in industry, property and energy sectors, where heat recognition is providing financial and efficiency benefits.

Mr. Boonen is now at the forefront of using the technology in physiotherapy. By recording images of a patient’s skin temperature, he identifies thermal patterns that provide information to determine appropriate actions to be taken in pre and post operative situations.

He says: “The camera has many uses, from providing information which gives accurate locations for acupuncture points, to carrying out body scans that highlight all hot and cold spots on the skin surface.

“Pinpointing these spots can be critical in diagnosis of some injuries. In one instance thermal images taken on a patient with a perceived calf injury helped us to determine a radiation pain from a low back problem.

Also neck pain can be visualized and information provided which, combined with professional clinical assessments, can than be translated into meaningful data so that we may subsequently make conclusions.”

Mr. Boonen believes the medical industry will make increasing use of thermal imaging technology following the dramatic reduction of the cost of the cameras. “Until the latest generation of cameras became available the technology was too expensive for people in my position, but I believe as its applications and opportunities become more apparent many more people in the medical profession will take advantage of it. “It has been a good investment for me,” he added.